

Curry County Suicide Awareness and Prevention Council

March 4, 2020 Meeting Minutes

ATTENDANCE		
Member		
x Alisha Wibking-Krohn Juvenile programming krohna@co.curry.or.us	x Beth Barker-Hidalgo Substance abuse/recovery impact@unitedwayswo.org	x Connie Hunter Veteran services [REDACTED]
x Glenda Groff Elder services [REDACTED]	x Gordon Clay Lay member - Chair gordonclay@aol.com	Issabella Vermaak Youth ambassador [REDACTED]
x Katrina Upton Tribal community contact@dahotra.com	x Katlyn Temple Lay member [REDACTED]	x Kelly Schellong Media kelly@bicoastal.media
Maia Mello Law enforcement mellom@co.curry.or.us	x Michelle Hanna Medical health michelleh@coastcommunityhealth.org	x Nancy Torney First responder torneyn@currych.org
Pat Piper Lay member - Vice-Chair [REDACTED]	x Teresa Costa Mental health - Secretary [REDACTED]	x Tim Wilson Youth educator twilson@ccsd.k12.or.us
City Government	Faith Based	x Court Boice BOC Liason boicec@co.curry.or.us

Topic	Discussion/Information
1.0	Pledge of Allegiance
2.0	Welcome - Statement regarding use of proper pronouns identified by each person. Examples were given.
3.0 a	Introductions - About the group. When you want to speak, raise hand and look to the chair until you're recognized
3.0 b	Team Building - Formed paralell lines for team building exercise with long poles meant to be kept even at all times
4.0	Approval of Agenda - Confirm those members present and that a quorum of nine (9) has been met.
5.0	Approval of Minutes - Approved
6.0	Public Comment * Members of the public may address the Council regarding a matter on the agenda. You may be asked to hold your comments until the Council takes up the matter. Please limit comments to three minutes or less.
6.0 a	TV PSA Project - Mrs. Boice, "Please use mics". Asking if you will participate in PSA - Handouts given. PSA is about council, 1-2 minute explanations given about why each are here and why they are passionate about this. Members asked to complete form indicating interest in PSA, please return to Secretary. PSA will be submitted to channel 182-a government channel on cable.
7.0	Old Business
7.0 a	Suggestions why the reduction in 2018 suicides
	i. Gordon Clays efforts in 167 retail establishments in the county.
	ii. Crisis team efforts.
	iii. Policy of county has changed; Narrative has changed
	iv. Improved for Veterans; Veterans healthcare summit.
	v. Less fear in talking about suicide.
	vi. Joining group has helped; often think about suicide.
	vii. For homeless - Get through the next 24hrs then expand.
	viii. Gold Beach schools: Response avatar training and Popsockets on phones for all 7-12 students and staff.
7.0 b	Let's talk Lived Experience, individual experience with suicide/self injury. March is Self Injury month. Difficult to intervene. Boys as much as girls. 70% of self injury attempt suicide. Need someone to speak about issue at Board of Commissioners meeting 3/18/20 at 9:00am of your personal experience. Efforts could spread to whole state, three was a 16 page magazine last year for awareness. Alliance for suicide prevention quarterly on 3/13/20 - The

	Council will be listed with the Alliance to Prevent Suicide.
7.0 c 1	Council Goals. What would it look like if you had all the money to stop suicide in our county. Write down in your dream journal. May be addressed at future date. We can change the future, keep the dream.
7.0 c 2	See suicide awareness page with website address and what is on the website. Send links and info to Gordon to add to website. Can add to statistics page. Next page is goals for the committee, members asked to look at and adjust as needed. Let Gordon know of suggested changes.
7.0 c 3	Michelle - Add in our core values represented groups that are underrepresented such as LGBTQ, Veterans and Tribal members. She will write up the language. Beth clarifies that Michelle wants the LGBTQ, Veteran and Tribal communities to be added under core values. Because not everyone can name the groups that are marginalized. Nancy suggested that they are statements out there that would include all groups - special segments.
7.0 c 4	Connie spoke about VA's office of Rural Healthcare. Bringing resources to the rural area. - 3 year program. There are a lot of ways to address - what is unique about our area? We have been asked to put together a team for a 3 year plan from our county. We are 1 of 10 counties in the country chosen to be a representative of the nation.
7.0 c 5	Mental Health Month - Messages in various languages for the community. What are our current language needs for Curry County? We currently don't "trigger" need for help by OHA due to low numbers collected. Beth has a resource for languages and translation documents, there is also an App that can translate - this hasn't been used yet. Look at what we present to the community as far as several languages. Tolowa dee-ni' nation gathering at food banks, there are several languages just related to Native Americans on the west coast.
7.0 c 6	Beth, Opioid dashboard - Our county shows no data for overdose in county. Not being reported is not helping. Poor data collection for county. Connie interjected - VA does collect data and will share with local folks the manner if doing so. Opioid addiction in Vets, chronic pain management not being treated properly. Appropriate medical intervention needed. Others agreed there was poor data collection, even in Native Americans. Why low data collection? Even our birth rate is of for the last 12 years. This is being done differently by each agency, possibility they are shipped out.
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7.0 d	Between now and April's meeting to finalize and approve the your Task Group goals - look at topics and decide of your stake holder groups reviewing long term goals for this year. What do we need to do to get to zero attempts?
7.0 e	Next Step - What are the Task Groups that see additional needs and what needs can we address right now? Low hanging fruit?
8.0 a 1	Beth asking for youth to participate in "listening sessions" no dates yet, hope to have by end of school year.
8.0 a 2	Contact Kelly for PSA about your agency. Gordon sent info to Kelly for that - the Proclamation. Connie spoke about PAWS for service animals for Vets. Also for no/low income. ODVA website for applications for Vets in need. Kat also offered to get PSA's out on radio. Kelly admits she hasn't had time but would like to break up into small groups and discuss specific stakeholder groups.
8.0 a 3	Connie spoke about PAWS for service animals for Vets. Also for no/low income. ODVA website for applications for Vets in need. Kat also offered to get PSA's out on radio. Kelly admits she hasn't had time but would like to break up into small groups and discuss specific stakeholder groups.
8.0 a 4	Gordon asking for any other suggestions use data services to help guide. Beth suggested to bring info back to the group, based on our own business/agencies use. Take the data that this committee gathers and then is shared to the community as a whole. Michelle recommends to share the data gathered in a way the public can understand. A moving/grouping document to change as we learn.
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8.0 a 6	Beth - September is Suicide Awareness "Walk Out of Darkness" on website; asking for volunteers to help Beth for September events. Will Wasson offering to help - did an "Out of Darkness" walk in Coos County. Create awareness, community fund raising and walk. Brings media which is good.
11.0	The next meeting will be a virtual video/audio on April 1, 2020 at 5:30 pm sharp
12.0	Meeting was called to an end at 7:38 pm
Teresa Costa, March 18, 2020	
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