

Curry County Suicide Awareness and Prevention Council

94235 Moore Street/Suite #122 Gold Beach, OR 97444 541-247-3296, 541-247-2718 Fax 800-243-1996 www.co.curry.or.us

MEETING AGENDA

Wednesday, August 5, 2020 at 5:30 P.M.

Join by computer: meet.google.com/dep-ursm-nxm Phone Numbers +1 956-752-6458 PIN: 544 623 605#?

Mandate

Shall develop and recommend to the Board of Commissioners, plans to provide for and influence awareness and prevention of suicide attempts.

- 1. Pledge of Allegiance
- 2. Welcome
- 3. Introductions Confirm those members present and that a quorum of nine (9) has been met.
- 4. Approval of Agenda
- 5. Approval of Minutes 4/1, 5/6, 6/3, 7/1
- 6. Public Comment * Members of the public may address the Council regarding a matter on the agenda. You may be asked to hold your comments until the Council takes up the matter. Please limit comments to three minutes or less.
- 7. Task Group Reports:
 - a. Hiring a facilitator on Goals Direction plus grant opportunities to fund
 - b. Social Media development
 - c. Funding sources (9.2)
- 8. Old Business
 - a. Let's Talk Sep 1 Suicide Awareness and Prevention Month Gordon Clay
 - 1) Overall PTSD article, Letter to the Editor, PSA, https://bit.ly/2KU7Vqf
 - 2) Speaker to give 3 minute lived experience with overall Suicide or other lived mental health experiences at BOCs 5th Wednesday of the previous month or 1st Wednesday of the Awareness Month Next meeting September 2nd, 9:00 am, Board of Commissioner's Chambers, Gold Beach
 - 3) Looking for one more person to take an aspect of suicide for the September 16th Commissioner's meetings.
 - b. <u>Council Goal Priorities https://bit.ly/2UWvi9o</u> Decide on the system to use and the person to take point and persons who are supporting the process to use to determine
 - 1) Long Term (2021+) Rank importance
 - 2) Short Term (2020)
 - 3) Low-Hanging Fruit https://bit.ly/2XcW5Fo What the Council can do NOW to address the suicidal reactions of at-risk Curry County citizens to the loss of jobs, closed schools, social distancing, the economy and potential infection from COVID-19
 - c. Rank and Establish Each Stakeholder's Goal Priorities https://bit.ly/39RqCLA (As determined by the individual Stakeholder Task Groups) Report when ready.
 - a. Stakeholders to determine what goals they have in common with other stakeholders and those goals should be moved up on their individual lists.

- 1) Long Term (2022+)
- 2) Short Term (2021)
- 3) Low-Hanging Fruit (now)

d. Outreach

1. Develop a structure, element development, distribution and funding needs analysis. Appoint a point person to accomplish approved items. Approved/Take Action

Kelly offered to put together a flyer and media distribution list. She asked that any other ideas for places to distribute be sent to her. Approved/Take Action

It was suggested that flyers be placed on public transportation. Needs clarification Approved/Take Action

- 2. Ways to fund citizens to take on-line training in QPR (\$30) and possible Mental Aid First Aid, ASIST, Start, etc Approved/Take Action
- 3. Ways to fund educators to take on-line training in QPR, Student Mental Health First Aid, ASIST, Kognito, Response Approved/Take Action
- A way to distribute open letter to clinicians. https://bit.ly/3dpWj1rApproved/Take-Action
- 5.. Establish a grant work group to optain funds for materials to aid in the accomplishment of Council programs.
- 6. Develop behavioral health Community resiliency strategies
- 7. Develop localized "toolkits" and referral tools?
- 8. Determine need and if warranted, develop ways to fund **student** youth populations in beneficial youth trainings in suicide awareness and prevention like the Big Six including Sources of Strength, Mental Health First Aid for Youth, Signs of Suicide, etc
- 9. Develop a survey to be given at appropriate tabeling events the Council may participate in. (Azalea Festival, Curry County Fair, Veterans Stand-down, and any other events in the county?)
- 10. Ask specific communities (Elders, gender spectrum positive, tribal, youth, veterans, etc.) to develop a list of at-risk situations for their community and what they think might work to reduce those risk factors.

9. New Business

- a. September" Saturate Curry County" program
 - 1. Reach all county citizens with a message to become aware of how friends, neighbors and family members are being emotionally impacted by COVID-19 and what to do about it.
 - 2. Insert an R U OK? "COVID-19 & Suicide" brochure in all homes and business in Curry County through direct mail in early September Suicide Awareness and Prevention Month
 - 3. Determine if we could use anyone's organization's nonprofit indicia for mailing.(a 33% savings)
 - 4. Approval to seek grants to develop a four-color, tri-fold direct mail and rack brochure.
 - 5. Supply brochures to over 120 retail wallet card locations to support the R U OK? campaign
 - 6. Confirm resources which should be listed.
- b. Stakehohlder Positions Available: City goverenment, Faith based, Juvenile Programming, Medical health, Mental health; Change one-year term of Youth Ambassador from January 1-December 31 to July 1-June 30; Secretary
- c. Determine Low Hanging Fruit
- 10. Community Partner Updates
- 11. Crit/self crit
- Next Meeting: September 2, 2020, 5:30 pm Sharp. Location depends of Covid-19 restrictions.
- 13. Adjourn

If you are a Council member and cannot attend the meeting, please let Secretary Costa, Vice Chair Piper, or Chair Clay know at least 24 hours in advance.

All SAPC meetings are held in accessible locations. Auxiliary aids will be provided upon request with 48 hours advance notification. Please call 541-247-3296 if you have questions regarding this notice

Statutory Authorization Ordinance 19-12

Note: All meeting dates remain the same but will be video conference until further notice. 4/1, 5/6, 6/3, 7/1, 8/5, 9/2, 10/7, 11/4, 12/2, 1/6/21

More information at www.SuicideAwarenessAndPreventionCouncil.org or https://bit.ly/33AnGBw