

Curry County Suicide Awareness and Prevention Council

94235 Moore Street/Suite #122 Gold Beach, OR 97444 541-247-3296, 541-247-2718 Fax 800-243-1996 www.co.curry.or.us

MEETING AGENDA

Wednesday, Jun 3, 2020 at 5:30 P.M. Connect to Video Conference at meet.google.com/nzr-kzru-bvs or by phone (US) +1 414-409-3503 (PIN: 609965043)

Mandate

Shall develop and recommend to the Board of Commissioners, plans to provide for and influence awareness and prevention of suicide attempts.

- 1. Pledge of Allegiance
- 2. Welcome
- 3. Introductions Confirm those members present and that a quorum of nine (9) has been met.
- 4. Approval of Agenda
- 5. Approval of Minutes 4/1, 5/6
- 6. Public Comment * Members of the public may address the Council regarding a matter on the agenda. You may be asked to hold your comments until the Council takes up the matter. Please limit comments to three minutes or less.

7. Old Business

- a. Let's Talk Jul 1 Bereaved Parents Awareness Month Connie Hunter
- 1) Overall PTSD article, Letter to the Editor, PSA, https://bit.ly/2KU7Vgf
- 2) Speaker to give 3 minute lived experience with overall PTSD or other lived mental health experience at BOCs 3rd Wednesday of each month Next meeting Jun 217h, 9:00 am, Board of Commissioner's Chambers, Gold Beach
- b. Council Goal Priorities https://bit.ly/2UWvl9o Decide on the system to use and the person to take point and persons who are supporting the process to use to determine
- 1) Long Term (2021+) Rank importance
- 2) Short Term (2020)
- 3) Low-Hanging Fruit https://bit.ly/2XcW5Fo What the Council can do NOW to address the suicidal reactions of at-risk Curry County citizens to the loss of jobs, closed schools, social distancing, the economy and potential infection from COVID-19

Will distribute Crisis Text Line 741741 wallet cards and a flyer on "How to have a conversation about Mental Health" to all parents picking up lunch bags at Gold Beach High School on June 5 and Brookings-Harbor High School on June 9

- c. Rank and Establish Each Stakeholder's Goal Priorities https://bit.ly/39RqCLA (As determined by the individual Stakeholder Task Groups) Report when ready.
- a. Stakeholders to determine what goals they have in common with other stakeholders and those goals should be moved up on their individual lists.
- 1) Long Term (2021+)
- 2) Short Term (2020)
- 3) Low-Hanging Fruit (now)
- d. Outreach Establish a point person and interested task group members
- 1. Determine the opportunity for grants to develop and distribute Council programs and materials.
- 2. Develop behavioral health Community resiliency strategies
- 3. Develop localized "toolkits" and referral tools?
- 4. Develop ways to fund student youth populations in Mental Health First Aid for Youth, Signs of Suicide, Sources of Strength or other beneficial youth trainings in suicide awareness and prevention.
- 5. Develop a needs survey to be given at appropriate tabeling events the Council may participate in. (Azalea Festival, Curry County Fair, any other events in the county?)
- 6. Ask specific communities (Elders, gender spectrum positive, tribal, youth, veterans, etc.) to develop a list of at-risk situations for their community and what they think might work to reduce those risk factors.
- e. Discuss logo project
- 8. New Business
- a. Next Steps: Where do we go from here?
- b. Outreach (Approved Elements)
- 1. Develop a structure, element development, distribution and funding needs analysis. Appoint a point person to accomplish approved items. Kelly offered to put together a flyer and media distribution list. She asked that any other ideas for places to distribute be sent to her. It was suggested that flyers be placed on public transportation. Needs clarification
- 2. Ways to fund citizens to take on-line training in QPR (\$30) and possible Mental Aid First Aid, ASIST, Start, etc

- 3. Ways to fund educators to take on-line training in QPR, Student Mental Health First Aid, ASIST, Kognito, Response Approved
- 4. A way to distribute open letter to clinicians. https://bit.ly/3dpWj1r
- c. Determine Low Hanging Fruit
- 9. Community Partner Updates
- 10. Crit/self crit
- 11. Next Meeting Date and Agenda Items
- a. July 1, 2020, 5:30 Sharp. Location depends of Covid-19 restrictions. Options: Chetco Community Public Library, 405 Alder St, Brookings, OR or Video conferencing similar to the May 6 meeting
- 12. Adjourn

If you are a Council member and cannot attend the meeting, please let Secretary Costa, Vice Chair Piper, or Chair Clay know at least 24 hours in advance.

All SAPC meetings are held in accessible locations. Auxiliary aids will be provided upon request with 48 hours advance notification. Please call 541-247-3296 if you have questions regarding this notice

Statutory Authorization Ordinance 19-12

Note: All meeting dates remain the same but will be video conference until further notice. 4/1, 5/6, 6/3, 7/1, 8/5, 9/2, 10/7, 11/4, 12/2, 1/6/21 More information at www.SuicideAwarenessAndPreventionCouncil.org or https://bit.ly/33AnGBw